

**CANADIAN PROSTATE
CANCER NETWORK**

BRAMPTON CHAPTER



Visit our Web Site:

<http://www.ustoo-brampton.com>

UsToo! Brampton – April 2008 – Newsletter

Our Next General Meeting will be held on TUESDAY, April 8th at 7:00 PM

"What Does the Future Hold for Prostate Cancer Treatment?"

by Dr. Michael A S Jewett, FRCSC, MD

**Professor of Surgery, Division of Urology, University of Toronto.
Member - University Health Network (UHN),
Division of Urology and Department of Surgical Oncology, Princess Margaret Hospital.**

Dr. Michael Jewett is a Professor of Surgery in the Division of Urology at the University of Toronto and a member of the University Health Network (UHN) Division of Urology and Department of Surgical Oncology of Princess Margaret Hospital.

Dr. Jewett is the immediate past Chairman of the Division of Urology at the University of Toronto and of Urology at the University Health Network which incorporates the Princess Margaret Hospital.

He is a recent Past-President of the Canadian Urology Association. He is actively involved in treating and studying patents with Prostate Diseases in the Prostate Centre at Princess Margaret Hospital.

If you have any questions for Dr. Michael Jewett, email : questions@ustoo-brampton.com

**We look forward to seeing you in Room #2, The Terry Miller Recreation Center,
1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.**

Parking as always is free.

Fred Norris – Princess Margaret Hospital Donation Fund

A donation was made to Princess Margaret Hospital / Prostate Cancer Research for \$950.00 in honour of Fred Norris. This amount was contributed by the group and the local membership.

Last Meeting – Tuesday, March 11th, 2007

"Brachytherapy for Prostate Cancer: Who should consider it and why"

By Dr. Juanita M Crook, FRCPC, MD

Professor of Radiation Oncology, University of Toronto, Princess Margaret Hospital

An audience of around 45 members, wives attended this very informative talk by Dr. Juanita Crook.

Dr. Juanita Crook's talk dealt with the very interesting subject of Brachytherapy, who should be considering it and why. She described how data such as the PSA, Gleason score and staging etc. was used to decide the risk groups and to determine the best treatment options for a given patient. She went into details of the selection factors for Brachytherapy discussing the quality of life issues related to how Brachytherapy compared with various other treatments options. Her talk covered the type of radiation used in Brachytherapy, the types of seeds used, their half life, their implantation techniques and how they worked.

Dr. Crook explained that Brachytherapy had been around since the late 1980s and went on to present long term outcomes comparing the results with the other treatments, the effect of age and some of the side effects and how they were managed. She also covered several FAQ's touching amongst others areas such PSA kinetics, radiation safety and PSA 'bounce' following Brachytherapy. The talk concluded with a summary of key Brachytherapy advantages and side effects.

The talk was easily understood and highly appreciated by audience - the presentation slides being rich in graphics, X-ray images and graphical data together with Dr. Crook's crisp and easy to follow explanations.

Following the talk Dr. Crook responded to a host of interesting questions from the audience during the Question and Answer session.

We are pleased to offer Audio and Presentation slide downloads of this session. They are available on our web-site www.ustoo-brampton.com and on CD's available from Mukul Luthra.

2008 Guest Speakers And Events

Tuesday, May 13th, 2008 - Incontinence and ED (details to be announced)

**Dr. Sidney Radomski, Associate Professor In Surgery (Urology)
Toronto Western Hospital (University Health Network)**

Tuesday, June 10th, 2008 – Pot Luck Dinner and Social Event

Mukul Luthra, Speaker Committee, 519-853-4075, or mukul.luthra@ustoo-brampton.com

Financial Matters

Are you a parent? Do you have children, and perhaps grandchildren. Maybe you are like me and are a great grand person. Anyway, whatever your situation, I am sure you are concerned for the health of generations of your family succeeding you.

Most of us in your 'US TOO!' group are cancer survivors and know from experience the frightening moment of a positive diagnosis. I do not want my children or children's children to have the same experience. The only way I can think of right now to prevent that from happening, is to find a method of preventing it from happening.

The second best way of course, if it does happen, is to have a certain cure. That is one of our objectives. We cannot do it alone. It takes time, money, dedicated expertise as well as resolve, and plenty of it. But it will be done my and your help.

April 23rd sees us embarking on the first leg of our groups yearly fund raising efforts. I refer to the Theatre Night where we could put a little cash in our financial reserve, which is so necessary for us to be able to continue our work and to assist in providing financial help for research into Prostate Cancer at Princess Margaret Hospital. This event combined with our Golf Tournament and "Cruising for a Cure Canada", later this year, are the main potential sources of revenue to continue our efforts.

So, do not look on Theatre Night as another expense that you do not want, but rather as a contribution toward the well being of your family and future generations, and have some fun while being entertained at the same time.

Call me, e-mail me or drop by Tuesday, April 8th for tickets ... Just do it.

Gerry Brunjes, Financial Controller, 905-791- 3043 or gerry.brunjes@ustoo-brampton.com

Prostate Cancer Awareness

Our next major awareness event is:

The 4th Annual Evening of Hope at the North Bramalea United Church on Sunday, April 6th

We can always use a few extra volunteers to help with the setup and takedown of our presentation table and to talk to visitors as well, if you like.

Prostate Cancer is a disease that knows no racial bounds and it affects us all.

Please try to give us a hand. Contact John Sleath if you feel you could spare a few hours.

John Sleath, Awareness Coordinator 905-456 9943 or john.sleath@ustoo-brampton.com

Canadian Cancer Society 'RELAY FOR LIFE' 2008

We are once again registering a team for the Brampton Relay for Life. This year the event takes place at the Brampton Fairgrounds on June 20 – 21.

It is our understanding that the schedule will include: a Survivors' Reception at 5 p.m. on Friday, Registration opening at 6 p.m. on Friday evening; Opening Ceremonies starting at 7 p.m. on Friday and Closing Ceremonies at 7 a.m. Saturday morning. We hope that many of you will join us for the Reception, stay for the very moving Opening Ceremonies and then take the first Survivors' Victory Lap with your fellow survivors. You've earned the right.

You can also purchase Luminaries for \$5 each to honour someone who has succumbed to Cancer or to support someone who continues to fight it.

Finally, you can join Tilly Netherton and volunteer to assist with the operation of Relay for Life. If you have never walked before but wish to join our team, please don't be shy. Phone, e-mail or see me at a monthly meeting. Your participation will be most welcome. We share a lot of laughs and a few tears throughout the night of the Relay.

Jim Dorsey, Team Captain, 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com

Cruisin' for a Cure Canada (CfaCC) Report

The CfaCC Committee met at the Chinguacousy Curling Club on Wednesday, March 19 to review progress towards this year's Cruise.

Through the efforts of our amazing Graphic Artist, Fernando Pacheco, the 2008 event flyers have been provided to us free of charge by SLG Trade Services in cooperation with The DATA Group of Companies.

We have already started promoting the event, much earlier than we did last year. Fernando's work has been praised all who have received the flyers! They will be available to you at the April Meeting.

If you are going to help on September 13, please contact me immediately and advise me of your shirt size(s). This year, we are going to provide special free "STAFF" shirts to everybody who works at the event. You WILL want one as they will be as striking as were last year's Survivor and Participant T-shirts. So please contact me as soon as possible.

Last year, Stew Cornell and Paul Paradis provided me with invaluable assistance, contacting local merchants who provided us with door prizes and auction items. We need two or three more people to help with this effort this year.

Even if you cannot devote a lot of time to helping out, you can still help by providing us with contact information for local car dealers and other businesses that we can approach to sponsor this worthwhile event.

ALL businesses are potential sponsors, not just those associated with the automotive industry. So please put some thought into identifying people that you know who might want to help us increase awareness of this deadly disease that has affected all of us so deeply.

And if you know people who are "Car Crazy" and have a vehicle that would be of interest, please provide me with their names as well. Classic vehicles, hot rods, customized and special interest cars & trucks and motorcycles are all welcome at Cruisin' for a Cure Canada.

If YOU have considered getting involved with Cruisin' for a Cure, please either see me at the April meeting or contact me or my wife Sandi at any time. We need you!

**Jim Dorsey, Cruisin' for a Cure Canada Coordinator,
Tel: 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com**

RECENTLY DIAGNOSED? Contact Us Too! Brampton

If you have been recently diagnosed with prostate cancer and would like to talk to someone who has been there, please call ahead and we will arrange to meet you at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk of your arrival. One of our counselors will welcome you and listen to your concerns. Our monthly meetings are held on the 2nd TUESDAY of each month except July & August but we accept calls all through the year. Family members or friends and supporters are welcome! There is no obligation to join anything. We have been there and we think we can help you deal with this very difficult period in your life. If you would like our support, please call any one of the following to obtain meeting dates and locations:

John Sleath, Awareness Coordinator, 905-456-9943, or john.sleath@ustoo-brampton.com

Sean Butterly, Counseling Associate, 905-454-4237

Gary Foote, Newsletter Editor, 905-458-6650, or gary.foote@ustoo-brampton.com

Regular mail costs us almost a dollar per person per month.

**Anyone who would prefer to receive this newsletter via e-mail should contact Gary Foote
If you already receive your newsletter via e-mail make sure to notify us if your e-mail address changes. Anti-Spam features occasionally stop the newsletter from going thru so if you don't receive it for any reason please notify me and we'll get you a copy somehow.**

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