

# CANADIAN PROSTATE CANCER NETWORK

BRAMPTON CHAPTER



Visit our Web Site:

<http://www.ustoo-brampton.com>

## UsToo! Brampton – January 2008 – Newsletter

Our Next General Meeting will be held on TUESDAY, January 8th at 7:00 PM

Dr. Charles Catton - "Post-operative Radiotherapy for Prostate Cancer"

Associate Professor, Department of Radiation Oncology, University of Toronto  
Staff Radiation Oncologist, Department of Radiation Oncology, Princess Margaret  
Hospital/University Health Network

Dr. Charles Catton's presentation will include background information on prostate cancer, Radiotherapy and will also include some new research directions on combining treatments for prostate cancer.

Dr. Charles Catton has been on staff at the Department of Radiation Oncology at Princess Margaret Hospital since 1989.

He has a particular interest in the development of new radiotherapy techniques for prostate cancer, and is currently leading one Canadian Institutes of Health Research-funded international trial investigating hypo-fractionated (short course) radiotherapy for prostate cancer, and one national trial sponsored by National Cancer Institute of Canada Clinical Trials Group investigating post-operative radiotherapy and hormone therapy for prostate cancer.

Dr. Catton is an Associate Professor of Radiation Oncology at the University of Toronto. He is the GU site group leader for the Dept. of Radiation Oncology at Princess Margaret Hospital and is also the Radiation Oncology representative on the Executive Committee of the National Cancer Institute of Canada, GU Clinical Trials Group.

Please send any of your questions for Dr. Catton to:

Fred Norris, Chairman, (905) 877-8092 e-mail: [fred.norris@ustoo-brampton.com](mailto:fred.norris@ustoo-brampton.com)

We look forward to seeing you in Room #2, The Terry Miller Recreation Center, 1295 Williams Parkway at the southwest corner of Williams Parkway & Bramalea Road. Parking is free.

## A Message From The Chair

Fred is currently hospitalized in Georgetown with severe back pain. We wish him a swift recovery. If anyone has the time to drop by and visit, I'm sure he would appreciate the company. For this newsletter I am including his message from last month, which under the circumstances is even more timely. As a volunteer organization we can use all the help we can get, both with regular monthly meetings and our annual Golf and Cruisin' For A Cure events.

2007 was truly a banner year for the group, Awareness events were held on several occasions and this culminated in the Cruisin' For A Cure event in September. Our records show a steady influx of men seeking our help. Our meetings, complete with excellent speakers, are well attended and the extent of interest is shown by the quality and quantity of the questions asked. The new year is perhaps a time to reflect on past years and ask ourselves what we can do to get further involved in the running of the group. The only shortage in any volunteer group is of course the volunteers that help keep it running.

Fred Norris, Chairman, 905-877-8092 or e-mail: [fred.norris@ustoo-brampton.com](mailto:fred.norris@ustoo-brampton.com)

## Last Meeting – Dec<sup>th</sup>, 2007

Over 35 members, wives and guests braved the winter weather to enjoy our delightful Christmas Pot Luck and year-end social event. The relatively modest turnout, probably due to the earlier weather warning of freezing rain and icy conditions, was nonetheless very spirited and the evening joyful. Entertainment included big screen viewing of picture albums of this year's 'Relay for Life' and 'Cruisin' for a Cure Canada' events. Music included Jazz, Caribbean, Xmas music and tracks from the 40's and 50's era. The mood is reflected in the pictures posted on our web-site: [www.ustoo-brampton.com](http://www.ustoo-brampton.com)

The event concluded with our customary charity raffle which kept members smiling as they won the many wonderful prizes. The modest turnout almost meant that almost everybody won a prize at the Lucky Draw !

Our heartfelt thanks goes out to all those who contributed to the prizes. The Raffle is not only a worthwhile cause it always adds an interesting and exciting closure to the event.

Here's hoping that everyone had a joyful Holiday season & Happy New Year!

## 2007/2008 Guest Speakers And Events

Tuesday, 8 January 2008 - "High-Precision External Beam Radiation & Post-operative Therapy" - Dr. Charles Catton

Tuesday, 12 February 2008 - "Timing of Hormones After Treatment Failure & New RT Techniques" - Dr. Andrew Loblaw

Mukul Luthra, Speaker Committee, 519-853-4075, or [mukul.luthra@ustoo-brampton.com](mailto:mukul.luthra@ustoo-brampton.com)

## Financial Matters

As a group we have had a successful year. Awareness has been our watchword, and will continue to be in future. The "CRUISIN' for a CURE" campaign in September brought our reason for existence to a head, awareness. It also generated some funds for research as you all know, but at a substantial cost. However, we do not disparage that as we are not in business to make money, but must be careful with what funds we can generate.

It is essential therefore that the UsToo! group get involved with our fund raising events. We need your help and support with THEATRE NIGHT in April and the GOLF TOURNAMENT next June. These events help provide the funds necessary to raise Prostate Cancer awareness in Brampton and across the country. Relative to the number of people affected by this disease, it remains terribly underfunded which is something we would certainly like to change.

Please think seriously about volunteering some time to help. Also, if you have not forwarded your yearly subscription, it would be very much appreciated if you make the effort.

Gerry Brunjes, Financial Controller, 905-791- 3043 or [gbrunjes@sympatico.ca](mailto:gbrunjes@sympatico.ca)

## Cruisin' for a Cure Canada (CFaCC) Report

To repeat the results from September 1: 131 blood samples were processed. 17 of those yielded elevated PSA scores. I believe that we DID open a few eyes on September 1st.

As stated last month, the Steering Committee has approved The Second Annual Cruisin' for a Cure Canada, to be held on September 13 at Chinguacousy Park. We could never find a finer facility than "Ching" or a better group of people to work with than Harvey Newlove, Rob Gasper and all the Ching park staff.

The first meeting of the CfaCC committee will hopefully take place on Saturday, January 5. I'm looking forward to working again with all of the Us Too! members and non-members who helped on September 1st.

And if YOU have considered getting involved, please either see me at the January meeting or contact me any time. We need you!

Jim Dorsey, Cruisin' for a Cure Canada Coordinator

(905) 453-3038

or e-mail: [dorseyjf@gmail.com](mailto:dorseyjf@gmail.com)

## **RECENTLY DIAGNOSED? Contact Us Too! Brampton**

If you have been recently diagnosed with prostate cancer and would like to talk to someone who has been there, please call ahead and we will arrange to meet you at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk of your arrival. One of our counselors will welcome you and listen to your concerns. Our monthly meetings are held on the 2nd TUESDAY of each month except July & August but we accept calls all through the year. Family members or friends and supporters are welcome! There is no obligation to join anything. We have been there and we think we can help you deal with this very difficult period in your life. If you would like our support, please call any one of the following to obtain meeting dates and locations:

John Sleath, Awareness Coordinator, 905-456-9943, or [john.sleath@ustoo-brampton.com](mailto:john.sleath@ustoo-brampton.com)  
Sean Butterly, Counseling Associate, 905-454-4237  
Fred Norris, Chairman, 905-877-8092, or [fred.norris@ustoo-brampton.com](mailto:fred.norris@ustoo-brampton.com)

Regular mail costs us almost a dollar per person per month.

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If you already receive your newsletter via e-mail make sure to notify us if your e-mail address changes. Anti-Spam features occasionally stop the newsletter from going thru so if you don't receive it for any reason please notify me.

Gary Foote - Newsletter Editor

905-458-6650

Us Too! - Brampton

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