

**CANADIAN PROSTATE
CANCER NETWORK**

BRAMPTON CHAPTER



Visit our Web Site:

<http://www.ustoo-brampton.com>

UsToo! Brampton – June 2008 – Newsletter

Our Next General Meeting will be held on TUESDAY, June 10th at 7:00 PM

June 10th is our summer closing Pot Luck and Social Event and Lucky Draw! Fabulous Prizes may be won while making a worthy contribution to our cause! If you have a prize that you can donate for the raffle please bring it with you. More importantly, don't forget to bring along your favourite culinary creation!

We look forward to seeing you in Room #2, The Terry Miller Recreation Center,
1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.
Parking as always is free.

Last Meeting – Tuesday, May 13th, 2008

"Erectile Dysfunction and Incontinence following Prostate Cancer Treatment"

Dr. Sydney Radomski, MD, FRCSC

Dr. Radomski delivered a delightful, informative and humorous presentation to an audience of over 50 members, wives and guests at this meeting. Dr. Radomski's fame as well the subject of his talk accounted for more than our usual presence of couples - certainly more women were visible, taking an active interest and coming forth with many a question for Dr. Radomski. It certainly confirms what we have always known - that despite the shyness surrounding this subject, erectile dysfunction is quite prevalent and its treatment does hold great interest and importance to the quality of life for both partners alike.

In the first part of presentation Dr. Radomski covered the causes of ED and presented comparative occurrence statistics related to different types of Prostate Cancer treatment. He then described and compared the treatment options using different types of pills, such as Viagra and Cialis, MUSE, injections, pumps and inflatable penile prostheses, discussing in detail their use and side effects.

The 2nd part of his talk dealt with Incontinence following Prostate Cancer treatment. Once again Dr. Radomski explained the types and causes of Incontinence, its severity, and compared the outcomes with different types of Prostate Cancer treatment. He went on to compare the different treatment options from the simple to the more complex surgical procedures such as slings and implants and their effectiveness. Most of these treatments have improved greatly over the years making Incontinence far more manageable today.

Quoting many funny anecdotes and stories from real life, Dr. Radomski's humorous style kept the crowd roaring with laughter throughout. His parting message to the crowd was to go home and have sex!

We had an excellent question and answer session, except a power outage 20 minutes prior to the closure of the session caused an early termination to the evening. The building management requested us all to vacate for security reasons. As result of the power glitch the Q&A digital recording file was unfortunately corrupted.

We are however able to provide a recording of the complete talk and the presentation slides for this session on our website.

2008 Guest Speakers And Events

Tuesday, 9 September 2008 - "Erectile Dysfunction" - Dr. Jack Barkin

**Director of The Male Health Centre, Toronto
Chief of Staff: Humber River Regional Hospital, Toronto
Assistant Professor: Dept. of Surgery, University of Toronto**

Tuesday, 14 October 2008 - "Management of Urologic Malignancies With Minimally Invasive Techniques" - Dr. Tony Finelli

**MD, MSc, FRCSC
Division of Urology Minimally Invasive Surgery,
Department of Surgical Oncology, Princess Margaret Hospital**

Tuesday, 11 November 2008 - Topic to be confirmed but will most likely include PSa Testing, Biopsy, Gleason Scoring and Staging - Dr. Gerard Morton

**Radiation Oncologist - Odette Cancer Centre, Sunnybrook Health Sciences Centre.
Assistant Professor - University of Toronto.
Head of brachytherapy program - Sunnybrook.**

Mukul Luthra, Speaker Committee, 519-853-4075, or mukul.luthra@ustoo-brampton.com

Financial Matters

I reported to the membership at the last general meeting that the theatre night reviews from a number of members indicate that the show was well received. As mentioned in last months newsletter, we could have done better with a little more effort from the membership. However, here are the official results:

Altogether, US TOO! sold 117 seats, Tecumseh Shriners sold 300, so the theatre was well filled. We received a donation of \$15.00 for the effort which puts our total receipts at \$1770.00. However, \$175.00 of this money is owed the City of Brampton for our seating use, which puts our total receipts at \$1,594.50. So far no request has been received from the city.

It is now time to reflect on how our year went. Beyond the sadness we had losing members to their great rewards, it is my opinion that we had a good year, especially with the high quality speakers we were privileged to have. We seldom had less than 50 members at a general meeting. The future looks just as bright.

I would like to draw to your attention that a detailed financial report is given the committee every month. Members who wish to be informed need only to approach a committee member with a request for information.

Gerry Brunjes, Financial Controller, 905-791- 3043 or gerry.brunjes@ustoo-brampton.com

UsToo! Annual Golf Tournament

Our next big event is our Golf Tournament, Monday, June 23rd at the Acton Golf Club

We could still use a few more foursomes and prizes, so consider signing up next meeting.

Tickets are \$85 and include Golf, Cart, Prizes and a Barbecue Luncheon

Please contact Morris Rambout or a member of the Golf Committee if you or your foursome would like to play or if you can donate a prize to the event. This year's event will honour two of our founding members who we lost during this past year, Fred Norris and Don Grant. Fred and Don were instrumental in getting this event established in the early years of the group.

Golf Committee Members:

| | | |
|----------------|--------------|----------------------------------------------------------------------------|
| MORRIS RAMBOUT | 905-793-8843 | mrambout@rogers.com |
| PETER BARHYDT | 905-838-3265 | pbarhydt-arctic@bellnet.ca |
| GARY FOOTE | 905-458-6650 | visact@rogers.com |
| RON CLAYTON | 905-584-2095 | |
| JACK DANTON | 905-793-0205 | |
| SEAN BUTTERLY | 905-454-4237 | |

Canadian Cancer Society 'RELAY FOR LIFE' 2008

The UsToo! Brampton team will once again walk at the Brampton Fairgrounds on June 20 – 21. The schedule is as follows:

Friday: 5 p.m. - Survivors' Reception
 6 p.m. - Registration opens
 7 p.m. - Opening Ceremonies followed by the Survivors' Victory Lap
 7 p.m. to 7:00 am – a lot of walking, food, movies, music and entertainment

Saturday: 7 a.m. Closing Ceremonies

Please join your team on Friday night for the Reception, stay for the Opening Ceremonies and then take the Survivors' Victory Lap. You've earned the right. You can also purchase Luminaries for \$5 each to honour someone who has succumbed to Cancer or to support someone who continues to fight it.

Finally, you can join Tilly Netherton and volunteer to assist with the operation of Relay for Life. Log on to The Canadian Cancer Society's excellent website - cancer.ca - and investigate the many opportunities to take part on line.

If you wish to join our team, please don't be shy, just see Mike Loughnan or Denis Paris at the June meeting. Your participation will be most welcome and you will enjoy yourself throughout the night of the Relay.

Jim Dorsey, Team Captain, 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com

Cruisin' for a Cure Canada (CfaCC) Report

Through the efforts of our amazing Graphic Artist, Fernando Pacheco, the 2008 event flyers have been provided to us free of charge by SLG Trade Services in cooperation with The DATA Group of Companies. These flyers have apparently become collector's items, hanging on hobbyists' garage walls.

We continue to promote the event at various events in Ontario and New York. We are even being approached by organizations that heard about last year's event and wish to publicize the 2nd event to their members for us.

FINAL NOTICE: If you are going to help on September 13, please contact me immediately and advise me of your shirt size(s). This year, we are going to provide special free "STAFF" shirts to everybody who works at the event. You WILL want one as they will be as striking as were last year's Survivor and Participant T-shirts. So please contact me before June 30 to ensure that you receive one in the correct size.

And a reminder: you can help by providing us with contact information for local car dealers and other businesses that we can approach to sponsor this worthwhile event. ALL businesses are potential sponsors, not just those associated with the automotive industry. So please put some thought into identifying people that you know who might want to help us increase awareness of this deadly disease that has affected all of us so deeply.

We need door prize items, items for auction and of course we gladly accept cash donations to help cover the cost of the free PSA tests that we will once again provide. In return we provide contributors with an opportunity to publicize their businesses.

And if you know people who are "Car Crazy" and have a vehicle that would be of interest, please provide me with their names. Classic vehicles, hot rods, customized and special interest cars & trucks and motorcycles are all welcome at Cruisin' for a Cure Canada. If it moves and looks good, it can help us attract men and give us the opportunity to test them for elevated PSA levels!

If YOU have considered getting involved with Cruisin' for a Cure, please contact me or my wife Sandi at any time. We definitely need your skills!

Jim Dorsey, Cruisin' for a Cure Canada Coordinator,
Tel: 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com

RECENTLY DIAGNOSED? Contact Us Too! Brampton

If you have been recently diagnosed with prostate cancer and would like to talk to someone who has been there, please call ahead and we will arrange to meet you at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk of your arrival. One of our counselors will welcome you and listen to your concerns. Our monthly meetings are held on the 2nd TUESDAY of each month except July & August but we accept calls all through the year. Family members or friends and supporters are welcome! There is no obligation to join anything. We have been there and we think we can help you deal with this very difficult period in your life. If you would like our support, please call any one of the following to obtain meeting dates and locations:

John Sleath, Awareness Coordinator, 905-456-9943, or john.sleath@ustoo-brampton.com

Sean Butterly, Counseling Associate, 905-454-4237

Regular mail costs us almost a dollar per person per month.

Anyone who would prefer to receive this newsletter via e-mail should contact Gary Foote. If you already receive your newsletter via e-mail be sure to notify us if your e-mail address changes. Anti-Spam features occasionally stop the newsletter from going thru so if you don't receive it for any reason please notify me and we'll get you a copy somehow.

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