

**CANADIAN PROSTATE
CANCER NETWORK**

BRAMPTON CHAPTER



Visit our Web Site:

<http://www.ustoo-brampton.com>

UsToo! Brampton –May 2008 – Newsletter

Our Next General Meeting will be held on TUESDAY, May 13th at 7:00 PM

"Incontinence and ED"

by

Dr. Sidney B. Radomski

**Director, Urodynamics Laboratory, The Toronto Hospital
Vice -President - Medical Staff Association, University Health Network
Chief of Urology, Toronto Western Hospital.**

He has staff appointments far to numerous to list here and include those at Mount Sinai Hospital, Sunnybrook Medical Center, Toronto Western Hospital, Princess Margaret Hospital & Toronto General Hospital. He is Consultant, Queen Elizabeth Hospital/Toronto Rehabilitation Center & Vice-President - Medical Staff Association, University Health Network.

His university appointments include Board of Trustees (Ex-Officio), University Health Network & Special Advisor to the Chair on Education, University of Toronto, Department of Surgery.

If you have any questions for Dr. Sidney Radomski, email: questions@ustoo-brampton.com

**We look forward to seeing you in Room #2, The Terry Miller Recreation Center,
1295 Williams Parkway, at the southwest corner of Williams Parkway & Bramalea Road.**

Parking as always is free.

Last Meeting – Tuesday, April 8th, 2008

"What Does the Future Hold for Prostate Cancer Treatment?"

by Dr. Michael A S Jewett, FRCSC, MD

Dr. Jewett made a most informative and interesting presentation to an audience of around 70 members, wives and guests at this meeting. The presentation focused on current standards and future forms of treatment and research into prostate cancer.

The questions and answer period, while slow to get started, turned out to be one of our better ones with lots of good questions for Dr. Jewett.

At present the PSA test and Biopsy results form the initial baseline to determine treatment. If the PSA, Gleason score and Grade of the tumour are high then Surgery or Focused Beam Radiation are recommended. For smaller tumours Brachytherapy may be a viable solution.

Research is trying to determine the best approach to an individual's cancer. In some cases this may involve a combination of surgery and radiation treatments for high risk individuals. On the other end of the spectrum many low risk individuals may be better suited to watchful waiting however a small number may become high risk at some point. Research is trying to determine a way to spot those individuals that will respond better to one treatment or another.

Dr. Jewett also discussed Robotic Surgery, HIFU, Chryogenics and other new forms of treatment. All in all a very informative evening. We hope to have him back in the future.

2008 Guest Speakers And Events

Tuesday, June 10th, 2008 – Pot Luck Dinner and Social Event

Tuesday, 9 September 2008 - "Erectile Dysfunction" - Dr. Jack Barkin

**Director of The Male Health Centre, Toronto
Chief of Staff: Humber River Regional Hospital, Toronto
Assistant Professor: Dept. of Surgery, University of Toronto**

Tuesday, 14 October 2008 - "Management of Urologic Malignancies With Minimally Invasive Techniques" - Dr. Tony Finelli

**MD, MSc, FRCSC
Division of Urology Minimally Invasive Surgery,
Department of Surgical Oncology, Princess Margaret Hospital**

Mukul Luthra, Speaker Committee, 519-853-4075, or mukul.luthra@ustoo-brampton.com

Financial Matters

April 23rd was our first fund raising event and although it went reasonably well it could always have been better. The event was well received by the 200 or so attendees, but some of those were from the Shriners, so our attendance will be a little lower than that. These events are so necessary for us to be able to continue our work and to assist in providing financial help for research into Prostate Cancer at Princess Margaret Hospital. These events are by far the main potential sources of revenue for us to continue our efforts. Annual dues cover mailing costs and the rental fees at Terry Miller but do little more than that.

Our next big event is our Golf Tournament, Monday, June 23rd at the Acton Golf Club

Tickets are \$85 and include Golf, Cart, Prizes and a Barbecue Luncheon

Please contact Morris Rambout or a member of the Golf Committee to if you or your foursome would like to play or if you can donate a prize to the event. This year's event will honour the lives and commitment of two of our founding members, Fred Norris and Don Grant.

Golf Committee Members:

MORRIS RAMBOUT	905-793-8843	mrambout@rogers.com
PETER BARHYDT	905-838-3265	pbarhydt-arctic@bellnet.ca
GARY FOOTE	905-458-6650	visact@rogers.com
RON CLAYTON	905-584-2095	
JACK DANTON	905-793-0205	
SEAN BUTTERLY	905-454-4237	

Gerry Brunjes, Financial Controller, 905-791- 3043 or gerry.brunjes@ustoo-brampton.com

Prostate Cancer Awareness

Our next major awareness event is:

Prostate Cancer is a disease that knows no racial bounds and it affects us all.

Please try to give us a hand. Contact John Sleath if you feel you could spare a few hours.

John Sleath, Awareness Coordinator 905-456 9943 or john.sleath@ustoo-brampton.com

Canadian Cancer Society 'RELAY FOR LIFE' 2008

We are once again registering a team for the Brampton Relay for Life. This year the event takes place at the Brampton Fairgrounds on June 20 – 21.

It is our understanding that the schedule will include: a Survivors' Reception at 5 p.m. on Friday, Registration opening at 6 p.m. on Friday evening; Opening Ceremonies starting at 7 p.m. on Friday and Closing Ceremonies at 7 a.m. Saturday morning. We hope that many of you will join us for the Reception, stay for the very moving Opening Ceremonies and then take the first Survivors' Victory Lap with your fellow survivors. You've earned the right.

You can also purchase Luminaries for \$5 each to honour someone who has succumbed to Cancer or to support someone who continues to fight it.

Finally, you can join Tilly Netherton and volunteer to assist with the operation of Relay for Life. If you have never walked before but wish to join our team, please don't be shy. Phone, e-mail or see me at a monthly meeting. Your participation will be most welcome. We share a lot of laughs and a few tears throughout the night of the Relay.

Jim Dorsey, Team Captain, 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com

Cruisin' for a Cure Canada (CfaCC) Report

The CfaCC Committee met at the Chinguacousy Curling Club on Wednesday, March 19 to review progress towards this year's Cruise.

Through the efforts of our amazing Graphic Artist, Fernando Pacheco, the 2008 event flyers have been provided to us free of charge by SLG Trade Services in cooperation with The DATA Group of Companies.

We have already started promoting the event, much earlier than we did last year. Fernando's work has been praised all who have received the flyers! They will be available to you at the April Meeting.

If you are going to help on September 13, please contact me immediately and advise me of your shirt size(s). This year, we are going to provide special free "STAFF" shirts to everybody who works at the event. You WILL want one as they will be as striking as were last year's Survivor and Participant T-shirts. So please contact me as soon as possible.

Last year, Stew Cornell and Paul Paradis provided me with invaluable assistance, contacting local merchants who provided us with door prizes and auction items. We need two or three more people to help with this effort this year.

Even if you cannot devote a lot of time to helping out, you can still help by providing us with contact information for local car dealers and other businesses that we can approach to sponsor this worthwhile event.

ALL businesses are potential sponsors, not just those associated with the automotive industry. So please put some thought into identifying people that you know who might want to help us increase awareness of this deadly disease that has affected all of us so deeply.

And if you know people who are "Car Crazy" and have a vehicle that would be of interest, please provide me with their names as well. Classic vehicles, hot rods, customized and special interest cars & trucks and motorcycles are all welcome at Cruisin' for a Cure Canada.

If YOU have considered getting involved with Cruisin' for a Cure, please either see me at the April meeting or contact me or my wife Sandi at any time. We need you!

Jim Dorsey, Cruisin' for a Cure Canada Coordinator,
Tel: 905-453-3038 or e-mail: jim.dorsey@ustoo-brampton.com

RECENTLY DIAGNOSED? Contact Us Too! Brampton

If you have been recently diagnosed with prostate cancer and would like to talk to someone who has been there, please call ahead and we will arrange to meet you at a convenient time and place. Alternatively, come early to one of our monthly meetings and inform the front desk of your arrival. One of our counselors will welcome you and listen to your concerns. Our monthly meetings are held on the 2nd TUESDAY of each month except July & August but we accept calls all through the year. Family members or friends and supporters are welcome! There is no obligation to join anything. We have been there and we think we can help you deal with this very difficult period in your life. If you would like our support, please call any one of the following to obtain meeting dates and locations:

John Sleath, Awareness Coordinator, 905-456-9943, or john.sleath@ustoo-brampton.com

Sean Butterly, Counseling Associate, 905-454-4237

Gary Foote, Newsletter Editor, 905-458-6650, or gary.foote@ustoo-brampton.com

Regular mail costs us almost a dollar per person per month.

Anyone who would prefer to receive this newsletter via e-mail should contact Gary Foote. If you already receive your newsletter via e-mail make sure to notify us if your e-mail address changes. Anti-Spam features occasionally stop the newsletter from going thru so if you don't receive it for any reason please notify me and we'll get you a copy somehow.

Gary Foote - Newsletter Editor

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