

September 2013 Volume 13 Issue 9

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CHECK OUT
OUR
AWARENESS
ACTIVITIES AND
CONSIDER
VOLUNTEERING
IF YOU CAN

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PCCN Brampton News

To those who haven't heard, Sean Butterly passed away over the summer after a long battle with Prostate Cancer. Sean and Margaret Butterly have long been two of the cornerstones of our group. Sean was one of the few truly pleasant people I have ever met and we will miss him and his constant good humour. After the memorial service, at the Canadian Legion, Margaret's final words to me were "I'll see you in September". I can think of no finer tribute to a man and a life well lived than to continue his fight.

June was as usual a busy month. First up was our annual charity golf tournament which was almost rained out when the skies opened and it rained for close to an hour. Just short of the start of the tournament and the completion of my plans for an Arc, the rain subsided and the 56 brave souls who made it out were able to get in the round before the rain started again. Gord Heinbuch and his two sons were this year's winners of the Fred Norris Trophy and played well in spite of the wet conditions.

The wet conditions in June continued into the Fathers Day Walk/Run for Dad event at Chinquacousy Park. Again a brave group came out to help make the event a success in spite of the weather. We had entertainment and a warm up crew and even our local politicians to help get us started and lots of umbrellas to keep us fairly dry until we neared the end of the event when the sun finally came out.

Please note: Our regular September Meeting is postponed in favour of a Thursday, Sept 19th meeting in Oakville at Le Dome. Please note the details on the following page.

Gary Foote / Jim Dorsey – Newsletter Editors

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Next General Meeting, Thursday, Sep 19th, 2013 - 7:00pm

Dr. Joseph L. Chin

"Minimally Invasive Treatment Modalities for Prostate Cancer: Past, Present and Future".



Dr. Chin is Professor & Chair of Surgical Oncology at the University of Western Ontario (UWO) in London Ontario, Canada. He graduated from the University of Toronto Medical School and completed Urology training at UWO. He received Fellowship training in Urologic Oncology at Roswell Park Cancer Institute in the United States and Transplantation Immunology at UWO before starting his clinical practice in Urologic Oncology at the University of Western Ontario. His laboratory and clinical research interests are in prostate cancer management, including minimally invasive and alternative forms of management and advanced imaging techniques. He has been a Canadian leader in robotic prostatectomy, cryosurgery and HIFU therapy.

The choice of management for prostate cancer depends on patient factors (age, general health)

and tumour factors (how extensive it is and how fast it is capable of growing and spreading). Aside from the standard options of surgery, radiation, hormone therapy and "active surveillance" for different patients in different situations, various modalities have emerged, including cryotherapy, high intensity focused ultrasound, brachytherapy, interstitial laser, etc.. Dr. Chin will review these treatments and explore future possibilities.

Join us Thursday, September 19th at 7:00 p.m. at Le Dome Banquet Hall, 1173 N Service Road E., Oakville, ON L6H 7L9.

Parking is free.

Please forward your questions or suggestions to: info@pccnbrampton.com



Last General Meeting, Tuesday, June 11, 2013

Our Season Ending Social & Pot Luck Supper was a success, as always, and a very enjoyable evening. Jim Dorsey provided a video review of our activities for the year and as usual a good time was had by all that were able to attend.

Upcoming PCCN Brampton Meetings / Events:

We are actively searching for someone to act as our Speaker Coordinator. If you are interested in finding suitable speakers and arranging for them to speak with PCCN – Brampton meetings, please contact anybody on the Steering Committee at the next meeting or contact Jim Dorsey.

Sunday, September 8th, 2013 Cruisin' for a Cure Canada, Powerade Centre

Thursday, September 19th, 2013

Dr. Joseph Chin

Minimally Invasive Treatment Modalities for Prostate Cancer

Monday, September 16th to Sunday, September 22nd, 2013

Prostate Cancer Awareness Week in Toronto

Watch for exciting events to be announced on PCC's website http://www.prostatecancer.ca/Get-Involved/Events/Prostate-Cancer-Awareness-Week

Speaker suggestions from members are always welcomed; please watch our website for complete meeting agendas and updated speaker profiles!

Jim Dorsey, Acting Speaker Committee: (905) 453-3038 or Email: jfdorsey@yahoo.com

Please Note: We try as best we can to plan great speakers and topics; however, from time to time we may have to reschedule a speaker due to unforeseen circumstances.

We will always provide as much advance notice as possible when a speaker has to reschedule.



Annual Charity Golf Tournament, Monday, June 10th

Our Annual Golf Tournament was held on Monday, June 10th at the Acton Golf Club and despite almost being washed away, it came off successfully thanks to the 56 brave souls and our crew of volunteers that waited out the rain until 9:00 am when it stopped just long enough to complete a round of golf. Our thanks as well to the staff at the Acton Golf Club that provided excellent service and did not hold us to our initial estimate of 80 golfers with respect to the fees we needed to pay.

My personal thanks to the volunteers and all those that made the event possible.

Ron Clayton, Morris Rambout, Sean & Margaret Butterly, Jack Dainton, John Hughes, Bob Vandrish, Tilly Netherton, Pat Goodland, Sybil Paul, Marie Foote and Christine Mahwinney were all a great help putting the day together.



Prostate Cancer Canada Network Brampton

PCCN Brampton Bram-O-Gram

Peel Region Father's Day / Walk Run, Sunday, June 16th



The weather did its best to drown us out this year but the Fathers Day Walk/Run came off as planned and a large group of PCC volunteers and supporters braved the weather to walk and or run the course at Chinquacousy Park.

Meaghan Sloski, whose father is a PCa survivor, acted as our MC and our local MP, Parm Gill, took the time to speak to the crowd before the event. After a brief warm up led by Janice Eisenberg, noted Zumba expert, backed up by the Super Dads from Brampton School of Dance, we were off to the races and didn't stop before the sun came out – at the end of the event of course.

More pictures can be seen on-line at:

http://www.flickr.com/photos/pccevents/sets/72157634481550962/with/9255711757/

Jim Dorsey, Steering Committee, 905-453-3038, jfdorsey@yahoo.com



Cruisin' for a Cure Canada, Sunday, September 8th

The 7th edition of our annual Cruisin' for a Cure Canada will once again be held at the Powerade Centre, 7575 Kennedy Road South, Brampton. The show is described on various information sites as follows:

Cruisin' for a Cure is a one-day car show devoted to Prostate Cancer awareness, operated by unpaid volunteers from the **Prostate Cancer Canada Network – Brampton** support group and their supporters.

Free confidential PSA blood tests are provided to all men 40 and over, with results going directly to their doctors. **Free "Survivor" Tee shirts** for preregistered Prostate Cancer survivors.

Goodie bags for show car owners while supplies last. Raffles, food, beverages, vendors and health information will be available.

All cars, trucks, motorcycles and snowmobiles are welcome as display vehicles. Parking charge is \$5 per display or spectator vehicle; donations \$20 and over will receive tax receipts.

Gates open at 7:30 a.m. Register by 11 a.m. to be eligible for **People's Choice awards**. The car show runs from 10 a.m. to 4 p.m. The Blood Clinic operates from 9 a.m. to 4 p.m. ONLY.

What you can do to help:

- Volunteer to work at the event.
- **Donate / "regift"** items large or small for door prizes and raffle items. They do NOT have to be car-related.
- Talk up the event with your friends, relatives, customers, suppliers. We need all the community awareness and support that we can muster.

Flyers will be available at the June 11th meeting or you can phone Jim Dorsey to obtain them.

Jim Dorsey, Cruisin' for a Cure Coordinator, 905-453-3038, ifdorsey@yahoo.com



Rock the Road Raffle Final Draw Wednesday, Sept. 18th

As Rocco Rossi announced at the May meeting, the Trillium Automobile Dealers Association has generously donated a custom Camaro to PCC to raffle for Prostate Cancer research and awareness. TICKETS ARE SOLD OUT, thanks to a massive effort from PCC staffers who gave up their weekends all summer, assisted by a number of volunteers from PCCN chapters and elsewhere. Well done, all!



Prostate Cancer

PCCN Brampton Bram-O-Gram

Recently Diagnosed? - Contact PCCN-Brampton

If you would like to speak with someone who has been there, please contact us and we will arrange to meet with you at a convenient time and place. Alternatively, come early to one of our Monthly Meetings and inform the front desk that you're a new member on arrival. One of our counsellors will welcome you and listen to your concerns. Our Monthly General Meetings are held on the 2nd TUESDAY of each month except July & August at the Terry Miller Recreation Centre.

Steering Committee Meetings are held two weeks plus a day later on a WEDNESDAY in the Community Room at the Fortino's at Main & Bovaird, 60 Quarry Edge Drive, Brampton, ON L6V 4K2.

Family members, friends & supporters are always welcome at any of our Meetings!

Our Hot Line Number: (289) 752-6316

Note that we accept phone calls throughout the year.

If no one is available to take your call, PLEASE leave a voice mail and we will return your call as soon as possible.

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Gary Foote, 905-458-6650, E-Mail: gary.foote@pccnbrampton.com

If you already receive your newsletter via regular mail or e-mail, please be sure to notify us of any address changes so we can continue to get it out to you.